

BASC Coaches Meeting

Fall 2026



Thank you for stepping up to coach –
Volunteers like you are vital to our club!



Important Dates

Field Day

Saturday, August 22 @ 8AM. Meet at ISSC East side Shed.

Coaches Training Info – www.basoccer.club/coach/coaching-education/

- All New Coaches - Thursday, August 13th
- 4v4 - Monday, August 17th
- 7v7 - Tuesday, August 18th
- 9v9 & 11v11 - Wednesday, August 19

Final Rosters

August 14: You will receive email notice from BASC to begin contacting parents & practicing.

Black Out Dates

Due: August 17-- Submit dates you do not want a game! Remember: Sat./Sun. are 2 dates.

Closed league chooses 2 dates; **Open league** chooses 4 dates – **Email will come out with details.**

Soccer Shop Days

August 7-10: Dicks Sporting Goods, Broken Arrow location

Schedules: September 4: Released to public

No league games at ISSC on:

October 22-25 & November 12-15 (tournaments) **Remember:** Open/Rec + Leagues may still have away games on ISSC tournament weekends.
Games will be scheduled on Fall Break

First Game / Last Game: September 12 / November 8



United States Youth Soccer - 2026-2027 Changes

New Age Division Chart For All Teams Begins this Fall!

Teams will be newly created or split up according to the new age division chart beginning Fall 2026.

School-year based teams, not calendar-year based teams

New Age Groups will run August 1st - July 31st.

	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007
January	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	
February	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	
March	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	
April	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	
May	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	
June	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	
July	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	
August		U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
September		U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
October		U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
November		U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
December		U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19

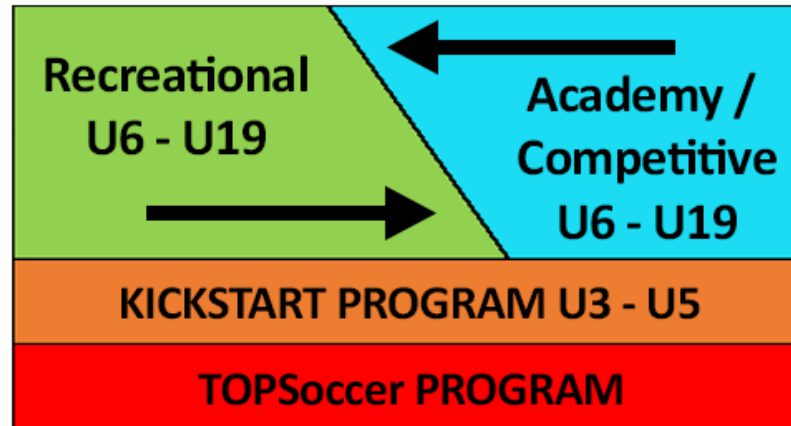


Pathways For Players - Programs For Every Player

BROKEN ARROW SOCCER CLUB SOCCER PATHWAY

BASC has many pathways through four unique programs for the development of players at every level.

Players can move between programs to find the right fit and keep their love for the game without pressure.



Express Labor Day Friendlies Tournament - Sept 5

One Day Tournament

Fun Atmosphere

All games are 'Friendlies'
*No Official Scoring



Great Pre-Season Tournament

Play 3 Games Before the Season Starts

Register your team by August 8



BASC Fall Classic – November 12-15, 2026

Variety of competition

Lots of Vendors

Beautiful soccer fields



Presented by:



Family Atmosphere

Early-bird team discount

240 + Teams

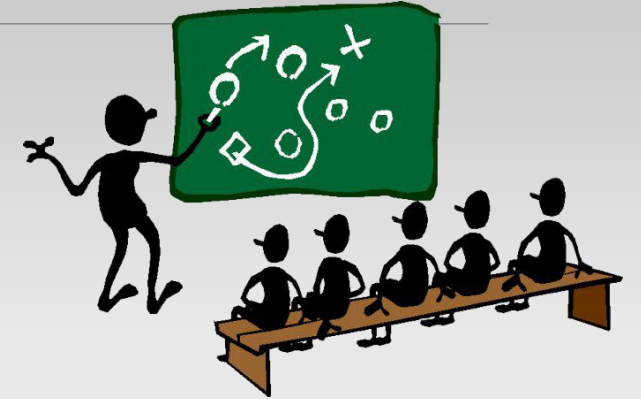
3 game guarantee

Ages U6 thru U19



Legacy Coaching Education Sessions

All Sessions will be from 6-9pm and have one hour of classroom and 2 hours of on field training. Meet in the Ref Shack at ISSC.



- All New Coaches - Thursday, August 13th
- 4v4 - Monday, August 17th
- 7v7 - Tuesday, August 18th
- 9v9 & 11v11 - Wednesday, August 19

Email Shane at coach@basoccer.club with your name team age group so they know which session you will be attending.

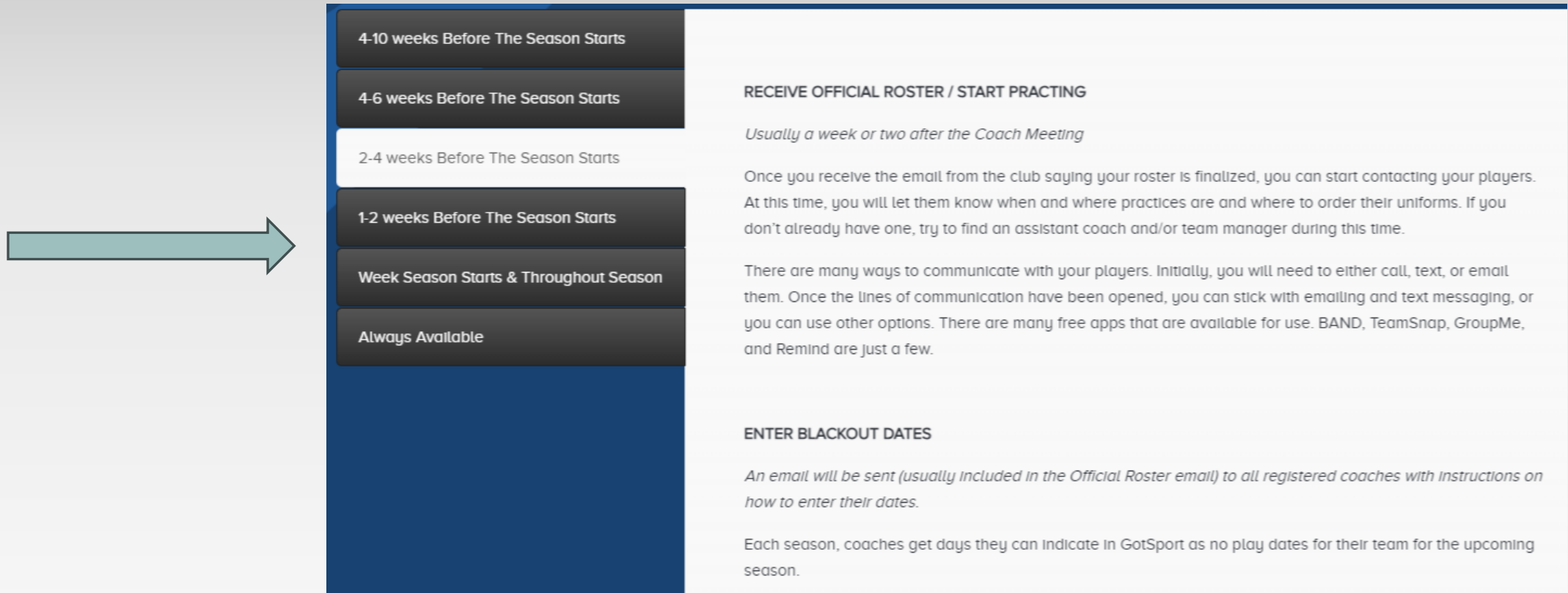


BASC Provided Goalkeeper Training

- Provided at no charge for BASC Players during the Spring and Fall Seasons
- Goalkeeper training sessions teach players methods for kicking, saving, and diving safely and effectively.
- The objective is to teach goal keepers not only to play their position well, but also in a way that minimizes injury.
- Travis Phifer – Legacy GK Trainer
- Starts on August 31st
 - Every **MONDAY** Night
 - 6pm – 7pm = U9 - U12
 - 7pm – 8pm = U13 – U19
- New to Goalkeeping? Fill out Jotform on Goalkeeper page to be evaluated



Coach Timeline – Coach Tab On Website



To get an idea of what to expect at what time – Find The Timeline!



Tonight's Rosters

**Your current roster
in your account is
PRELIMINARY ONLY!**



Instructions on how to find your roster can be found on the Coaches Meeting page on the website and on Coaches Corner. (www.basoccer.club).



If you are not registered as a coach for fall 2026 or have not finished your risk management, you will not be able to see your roster.

CAUTION! DO NOT contact the players or parents on your roster at this time - this causes lots of problems! The players on all Legacy (rec) rosters are preliminary, not final. Team & player roster movement is happening every day right now.

You will receive notice via email from BASC telling you to contact parents & begin practicing.

All players that did not sign up by the deadline went on the Waiting list and may not have a spot this season on a roster.



**Final rosters
expected
August 14**



Practice

- Practice Fields – If you have **not confirmed or do not have a practice field yet**, email Ben Whitesell @ practicefield@basoccer.club after this meeting! Private Practice Field Release – fill out the form on the “Practice Fields” page
- Do NOT penalize players for being late to practice.
 - Many parents have multiple kids at multiple locations and are doing the best they can.
 - You will learn the players that will be late, please work with the parents.
- ABSOLUTELY NO practice at Church fields on Wednesdays or Sundays!
- Remember the **WITNESS** rule for practice!



U6: **1 day** per week - **1-hour** practices
(**Limit 2** activities per week.)
U7+: **2 days** per week - **1.5 hours** practices
(**Limit 3** activities per week.)

Activities= Games & Practices.



Practice Field Safety

- **At FIRST Practice** – Review medical release and ask parents about any issues that a player might have that you need more information on – Asthma, Seizures, etc. (print med releases from your account in GotSport. Keep with you at every practice & game)
- Check to see if your ISSC goal and practice field goal is staked! Kids should never hang on the goals. Kids have been killed from goals being accidentally overturned by hanging on it!
- **NO parking within 15 feet** of any sideline of any practice field.
- Must respect the practice field property! BASC practice fields are leased from various property owners across the City of BA and the Tulsa City-County Health Department. BASC does not own any practice fields!
- Do **NOT** drive across any field, it is **NOT** a shortcut! Kids have almost been hit by cars by persons who believe it's okay to cross a practice field in their car. Tire ruts are created on the property which has to be repaired by BASC.



US Soccer Heat Guidelines

Lots of us will kick off training in the coming weeks and the forecast looks hot.

Wet Bulb Globe Temperature

ALERT LEVEL	WBGT BY REGION (°F)			EVENT CONDITIONS	RECOMMENDED WORK TO REST RATIOS (ACTIONS & BREAKS)
	CAT 1	CAT 2	CAT 3		
BLACK	>86.2°	>89.8°	>92.0°	Extreme Conditions	No Outdoor Training, delay training until cooler, or Cancel Training.
RED	84.2-86.1°	87.8-89.7°	90.1-91.9°	High Risk for Heat Related Illness	Maximum of 1 hour of training with 4 by 4 minute breaks within the hour. No additional conditioning allowed.
ORANGE	81.1-84.1°	84.7-87.7°	87.1-90.0°	Moderate Risk for Heat Related Illness	Maximum of 2 hours of training with 4 by 4 minute breaks each hour, OR a 10 minute break every 30 minutes of training.
YELLOW	76.3-81.0°	79.9-84.6°	82.2-87.0°	Less than Ideal Conditions	3 Separate 4 minute breaks each hour, OR a 12 minute break every 40 minutes of training
GREEN	<76.1°	<79.8°	<82.1°	Good Conditions	Normal Activities. 3 Separate 3 minute breaks each hour of training, OR a 10 minute break every 40 minutes



Reschedule Policy

- **All Reschedules** must comply with the schedule below.
- **All** reschedule requests **MUST** be made **via the ONLINE FORM ONLY!**
 - basoccer.club → Coach → Reschedules
 - **Closed/BA Academy League** requests are submitted by the **cancelling team**
 - **Open/Select League** requests are submitted by the **home team**
- Be sure to fill out each question correctly!
- Always submit two different dates and/or time frames with your request

Fall 2026

Time Frame for submission	Reason	Fee
5 days or less prior to the scheduled game date	Any	\$100 plus referee fees
6-9 days prior to scheduled game date	Any	\$50, no referee fee
10 days or more prior to scheduled game date	Any	No Charge
Weather cancellation (7 days prior to new game date)		No Charge



Games



50%
Required
Playing
Time for
Each Player

U7 and U8 Teams – Be Aware!
No Sweeper Keepers! We encourage you to keep your players up and engaged in play.
Do Not keep a player in the goal box during the entire game, there are no keepers in U7 or U8.

Plan to play during Fall Break. Use blackout dates if needed.

Games will be scheduled on Saturday and/or Sunday each week.

No warming up in the goal box/penalty box –
\$75 fine.

If you see someone warming up in the goalbox or playing in the nets or goal, please ask them to stop



At games, do not approach the opposing parents or players!
You may talk to the opposing coach only in a respectful manner.



Scrimmages & Special Training Sessions

Scrimmages

- Available to all BASC teams
- Uniformed / licensed referee must officiate game.
- Teams are responsible for Referee fees (paid to ref at field).

Special Training Sessions

- Available to all BASC teams
- Training sessions must be run by a licensed coach or trainer
- Multi-session process change. basoccer.club/facilities/rental/field-rental/

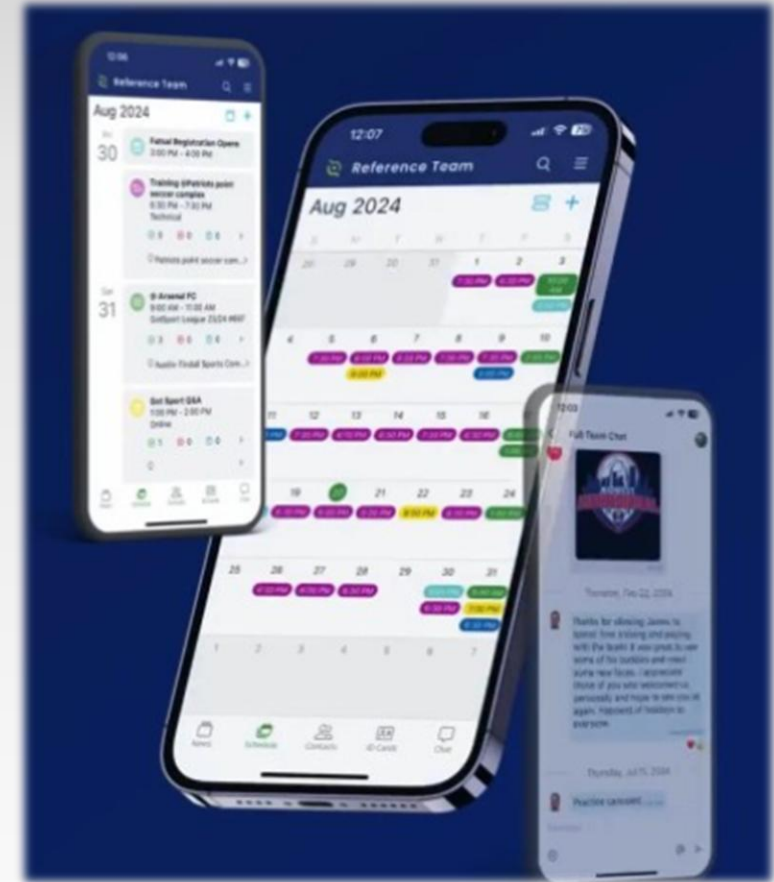
Notes

- Requests must be made online at basoccer.club
- Submit your request at basoccer.club → Coach → Field Rental
- Requests must be submitted at least 10 days before the requested Scrimmage or Special Training Session date and time. Always submit two different dates and/or time frames with your request.



GotSport Team App (New this Season)

- All practice fields, games, scrimmages, and special training sessions will be published via GotSport and auto-sync to the app
- Centralized Team Hub
 - One place to communicate and manage your team
- Team Messaging
 - Connect directly with coaches, teammates, and parents
- Synced with GotSport
 - Instant access to rosters and schedules
- Player Availability
 - Easy RSVP and attendance tracking for practices and matches
- Training Sessions (Week of Aug 17)
 - Two Zoom training sessions, held on separate nights
 - Details to be shared once finalized



ISSC Field Day

Saturday, August 22nd
8am - East side Shed

We need help!

Kevin Lemaster will have lots of items that need to take place at ISSC to get our fields ready for play.

Sign your name on the sign-up sheet – 6 winners will be selected from those who attend Field Day for a free special training session at ISSC for the fall season!



Indian Springs Soccer Complex

Field Status / Weather Rules

- BASC has established processes for evaluating field playing conditions – Only the BASC Field Committee may close the complex.
- In the event of lightning, the sirens at ISSC will go off. You must leave the field (outside of the fences) until an all clear is given. (Tell parents / players to go to their cars, but not to leave.)
- Check the “Field Status” online at basoccer.club
 - Top right corner or Gray circle on home page.
 - Please ask parents to not contact the soccer office, they do not manage field closures.

Goal Safety

- Check your game fields & practice fields prior to each game and practice
- Do not move or un-stake any goals.

FIELD STATUS

SCHEDULE

⚽ CALENDER

Field Status

Complex status will be updated by
4pm on weekdays.

[Learn More](#) ➡



Referee Abuse

- **BASC and OSA do not tolerate referee abuse**
- **Coaches** are responsible for their team's sideline behavior (players & parents)
 - Parent misconduct can result in you/coach getting ejected from the game.
 - Parents will “follow your lead”. If you are calm, they will be calm.
- Refs do not need instruction from Coaches; they need respect for where they are on their learning curve. You can read a Ref quickly when talking to them. **Know when to back off and stop talking!**
- Most referees 13 and below **are kids** that are still learning the game. Please have patience and understanding – They will make mistakes!
- Even Professional Referees make mistakes! Don't expect your local referee to be perfect!



Referee Information



- **U6, U7, & U8:** Due to a shortage of referees, you may not have a referee for your game. (Purchase a whistle and have a watch.) Have your assistant or a parent help with this as applicable during the game so you can coach.
- If a referee does not show up at your game, then the coaches will be responsible for being the referees.
 - Split halves - one team keep time, the other team “Referee” the game.
 - Coaches keep your parents quiet – BE RESPECTFUL OF EACH OTHER!
 - Sweeper Keeper is not a USYS rule, it is a BASC Guideline. Refs cannot enforce!
- **U9 and U10:** May only have one center referee.
 - Offside is sometimes hard to call, give the ref a break.
 - Tell your defender to play to the whistle.



Referee Information



- For problems with a referee, contact one or both of the following:
 - BASC Area Referee, Roy Osberghaus, areareferee@basoccer.club
 - BASC Referee Assignor, Nancy Barker, assignor@basoccer.club
- For **heightened situations**, please go or send someone to the Ref Shack on the east side of the complex to seek assistance from BASC Staff or a Board Member.
- **Calls will not be changed**; outcomes will remain the same. But if the Club Area Referee and Club Head Coach are made aware of problems, they can be formally addressed to improve professionalism and knowledge. areareferee@basoccer.club & coach@basoccer.club
- Use the "**Online Referee Evaluation Form**" on the referee tab @ basoccer.club. We accept positive feedback, too!
- Board members are often at the complex on Saturday's. Make them aware of the issues. You can also email, find the addresses on the "About" tab on the Club website.



Risk Management & Safety

1. Everyone interacting with players must:
 - **Register** as a Coach/Manager and finalize the required **Risk Management**.
2. Remember the **WITNESS RULE** for practice and games
 - Do NOT be alone with any player, regardless of age (need **1 additional parent with you.**)
3. Every Goal **Must Be Staked!**
 - If you are missing stakes, email complexmanager@basoccer.club for the complex and practicefield@basoccer.club for your practice field.
 - Never climb on or hang on soccer goals or nets.
4. Signed Medical Releases are required for every player. - **Keep with you at all times!**
5. Soccer is not a '**no contact**' sport – Know your age group rules, bring them with you to your game, they can be found on the Coaches Corner.



Coach/Player Pass

All U9 thru U19 players
must have player passes!

Coach must have
passes at every game

All U9 thru U19 coaches must access
virtual or printed player passes.
Coaches can access passes thru their
team account to print or view virtually.

Players cannot play
in games without a
player pass!

All teams need new player passes in the fall!
Use fall passes in the spring! **Add new coaches/players** only!

Print passes in color
and laminate them

Correct picture



Incorrect Pictures



U6 Jerseys

- Boys teams = Navy & Gray
- Girls teams = Pink & Gray
- **ONLY New Players** receive shirts in Spring - find Jessy after meeting to pick up
- Socks and shorts color decided by coach.



Team Uniform Information

U7 thru U19 – will need to order uniforms as soon as possible!

At your first practice or before – talk to your parents to begin ordering uniforms for your team.

Forever Faith and Soccer USA are both local places to order your team's uniforms, but you are free to order uniforms wherever you'd like.

If you go to Soccer USA, you **MUST** bring a copy of your teams roster and give it to Ali. He must have a copy of the roster to work with your team or it can cause issues.



Soccer USA

For all your soccer needs in ONE place Visit Oklahoma's largest soccer store!

Bring your team roster into the store to set up your team's order.

Jerseys
Shorts
Socks
Uniform Kits
Cleats
Goalkeeper
& Much More!

BA Soccer USA
505 S. Aspen Ave.
Broken Arrow OK 74012



Place your team order as soon as you meet with your team!



Free Coach Polos @ Soccer USA

Each BASC Primary - or - Head Coach of a Legacy team gets one coach polo as a thank you for stepping up to coach a team for BASC.

Assistant coaches can purchase a shirt for \$25.

**Pick up your free Coach
Polo from:**

BA Soccer USA
505 S. Aspen Ave.
Broken Arrow OK 74012



F.A.Q.

- The other team is not following a rule (not playing everyone 50%, ignoring the no-sweeper/keeper rule, etc.) what can I do?
 - Typically, the referee cannot enforce it unless it is a direct law of the game.
 - If BASC staff is aware ahead of time, we can discuss it with the opposing coach and may be able to observe and address it before the game.
- Is there a way to restrict playing time for a player?
 - Answer – Yes, with limitations. There is a policy which can be found on the BASC website. The coach must present a written guideline to each parent and player at the beginning of the season laying out expectations and possible outcomes. Contact Barbara Wilson for more information & examples.
- Do I have to reschedule?
 - Yes & No. You do have to reschedule if the opposing team is playing in a sanctioned tournament. You do not have to reschedule just because they have players missing.
- I have an issue with a referee, what can I do?
 - The first step is to fill out a referee evaluation form and contact the Area Referee. (areareferee@basoccer.club) For serious conflicts, you may request that the Referee Assignor not assign a specific ref to your game.

