



BASC Recreational Youth Soccer
Spring 7v7 High School League
Small Sided Program Official Rules and Policies
(FIFA/USYS/OSA Laws and Policies as amended by BASC 1/2025)

All rules herein are for small sided BASC 7v7 Spring High School league U16 and above matches and supersede FIFA, USYS and OSA rules for recreational soccer. Items not specifically addressed herein shall conform first to OSA rules then USYS then FIFA. For play outside of this BASC League, OSA rules shall apply. The spirit of this format is to increase player and team technical and tactical abilities in a competitive environment.

Law I - Field of Play

- A. Field dimensions: The field of play shall be rectangular. Its length being no more than eighty yards (80) yards nor less than seventy (70) yards and its width not more than fifty-five (55) yards nor less than forty-five (45) yards. The length in all cases shall exceed the width. BASC U11/U12 fields will be used and are a maximum of 55x80 all measurements listed are approximate. Please remain flexible on this due to field usage and weather issues that may arise during a season
- B. Field Markings are suggested and approximate.
 - 1. Distinctive lines not more than five (5) inches wide.
 - 2. A halfway line shall be marked out across the field.
 - 3. A center circle with a seven (7) yard radius.
 - 4. Four corner arcs with a radius of one (1) yard.
 - 5. Goal area: four (4) yards from each goal post and four (4) yards into the field of play joined by a line drawn parallel with the goal line.
 - 6. Penalty Area: Two lines are drawn at right angles to the goal line, eight (8) yards from the inside of each goalpost. These lines extend into the field of play for a distance of twelve (12) yards and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the penalty area. Within each penalty area a penalty mark is made eight (8) yards from the midpoint between the goalposts and equidistant to them. An arc of a circle with a radius of seven (7) yards from each penalty mark is drawn outside the penalty area.
- C. Goals: To be a max of 24'x8', 24'x8' being preferred.

Law II - Ball Size five (5)

Law III - Number of Players

- A. Maximum number of players on the field per team at any one time is seven (7), one of which is a goalkeeper. The minimum number of players to start or continue the match is five (5).
- B. Maximum number of players on the roster should not exceed thirteen (13). Players can be dual rostered and play for more than one team.
- C. Substitutions:
 - 1. Unlimited.
 - 2. At any stoppage of play.
 - 3. Players shall enter the field at the halfway line with the permission of the Referee.
- D. Teams and games may be coed.
- E. When a girls team plays a boys team, coaches may opt to put goalie in opponents goal to lesson injury chances. Both coaches must agree.

Law IV - Player's Equipment

- A. Footwear: Soft-cleated soccer shoes.
- B. Shin guards: Mandatory

Law V - Referees

- A. Registered USSF Grassroots Referee or higher

Law VI - Assistant Referees

- A. Will not be used for the small sided matches

Law VII - Duration of Game

- A. The game shall be divided into two (2) equal halves of twenty-five (25) minutes each.
- B. There shall be a half time interval of five (5) minutes.

Law VIII – Start of Play Conforms to FIFA Laws of the Game, with the following exceptions:

- A. Opponents must be eight (8) yards from the center mark while kick-off are in progress (*outside the center circle*).

Law IX -Ball In and Out of Play Conforms to FIFA Laws of the Game

Law X - Method of Scoring Conforms to FIFA Laws of the Game

Law XI - Offside Conforms to FIFA Laws of the Game

Law XII - Fouls and Misconduct Conforms to FIFA Laws of the Game

Law XIII- Free Kicks Conforms to FIFA Laws of the Game with the following exceptions:

- A. Opponents must be eight (8) yards away before kick is allowed.

Law XIV - Penalty Kicks Conforms to FIFA Laws of the Game with the following exceptions:

- A. The penalty mark is made ten (10) yards from the midpoint between the goalposts and equidistant to them.
- B. Players other than the kicker and defending goalkeeper are at least eight (8) yards from the penalty mark outside the penalty box and arc.

Law XV - Throw In Conforms to FIFA Laws of the Game

Law XVI - Goal Kick Conforms to FIFA Laws of the Game

Law XVII - Corner Kick Conforms to FIFA Laws of the Game with the following exceptions:

- A. Opponents must be eight (8) yards away from the ball.

Additional BASC Rules:

ISSC Turf:

USER agrees to abide by the BA Soccer Club Turf Field Policy which states that food and drink on the turf surfaces shall be limited to Water Only, no sports drinks, no gum, no food, no seeds, no sharp objects, no stakes, no tobacco, no pets, no bicycles. Molded Cleats or Athletic Shoes Only! Signage expressing such shall be maintained in areas around and leading to the turf fields. Violation of the policy by players, team officials or associated spectators will result in a fine of \$100, payable by the associated team. Failure to pay turf field violation fines or repeated violations may result in forfeiture of turf field use privileges as decided by the BASC Executive Board.

USER agrees that there shall be no movement of any turf field goals or weighted bags on turf surfaces. Movement of turf field goals or weighted bags shall be performed only by persons expressly authorized by BASC. Any turf field goals not in use shall be moved to the designated storage area and secured in a safe manner only by persons expressly authorized by BASC. Violation of this policy by players, team officials or associated spectators may result in a fine of \$100, payable by the associated team. Failure to pay turf field violation fines or repeated violations may result in forfeiture of turf field use privileges as decided by the BASC Executive Board.

USER agrees that if turf field corner flags are requested, it will be the responsibility of BASC to add, move or remove the corner flag base and flags from turf fields. Violation of this policy by players, team officials or associated spectators may result in a fine of \$50 and to pay the cost to replace or repair any corner flags/bases that are lost/stolen/damaged during field usage. Failure to pay turf field violation fines, repairs or replacement of corner flags/bases or repeated violations may result in forfeiture of turf field use privileges as decided by the BASC Executive Board.

Roster Size: Teams are to be formed with a maximum of 13 players

Uniforms: Team uniforms shall consist of like colored jerseys,

The home team will wear lightest colored jersey. The away team will wear the dark jersey. Unless agreed upon by both coaches, the team not wearing the correct uniform will be required to change. Goalkeepers must wear colors that distinguish them from the other field players.

Pennies or targets may be worn in the event of a color conflict subject to the approval of the Referee.

Non-uniform clothing is allowed based on weather conditions, but uniforms must still distinguish teams. Undershirts exposed from beneath jerseys must be the same or similar color of the jersey.

Team/Spectator Seating: Teams shall be seated on the side of the field having technical area markings and player benches (where installed). Coaches are required to remain within their respective technical areas unless invited onto the field of play by the Referee. Only official team coaches/managers as listed on the game form may be in the technical areas and provide instruction to players. Providing coaching instructions from outside of the technical area is not permitted.

Spectators shall be seated on the opposite side of the field from their team.

There shall be NO ACTIVITY in the PENALTY AREA (large box in front of the goal) of the U9-UI9 fields pre-game, during halftime or post-game. Teams may be fined \$75 for any such activity by their coaches, players, or spectators (this includes children).

There shall be no coaches or spectators behind the goal lines. Spectators must not interfere with the games or keeper by any means. Referee will use discretion with this matter.

Sideline Behavior: Coaches and spectators should keep all comments positive and supportive of the players. Spectators should refrain from providing playing instructions to the players which should only be done by the coaching staff. No referee abuse will be tolerated. Coaches may be cautioned or sent off by the referee for behavior in violation of the BASC Code of Conduct by the team's staff, players, or their respective spectator sidelines.

Grounds Clean-Up: Each team shall clean up their respective areas before leaving. (*This is especially important in an effort to keep cost down.*)

Match Officials: All matches are to be officiated by a center referee.

Coaching: All persons coaching, must be registered with a club and have an approved background check. Coaches are only permitted on the field with the referee's permission at a stoppage of play.

Medical Devices: All medical devices (casts, supports, braces, etc.) are subject to the approval of the referee with respect to player safety. Players with medical devices should have them padded in advance of the game and check in with the referee prior to the match for approval.

Slide Tackles: Slide tackles are NOT permitted.

Mercy Rule: There will be a 5-goal mercy rule if the losing coach requests it. The Mercy Rule cannot be applied until there is a 5-goal differential. The losing coach must notify the opposing coach and the referee if invoking mercy rule and at that time if the referee approves will allow the coach to add a player to the field of play making the match 8v7 creating a competitive environment for both teams to grow in. If the score becomes even the extra player will be removed before kickoff and at that point the match will return to 7v7

Scores/Standings: Scores will not be posted, and league standings will not be kept. The spirit of the BASC Small Sided leagues are to promote both individual and team growth. This will be better accomplished by not tracking scores and wins / losses for the matches.

Substitutions may be made at any stoppage of play with the permission of the referee and are unlimited. Players shall enter the field at the halfway line as the exiting player steps off the field or as otherwise permitted by the referee. In the event a substitution is requested just as play is to restart or when the substitute is not ready; the referee has the discretion to order play to be restarted despite the request so long as the coach is afforded a substitution at the next opportunity. The referee may also add time to the match for substitutions made in an effort to waste time.

Coach Name (Print)

Date

Coach Signature